





Trigger warning – Daniel’s behaviours were to show God and others how guilty he was feeling and how sorry he felt. This might be a trigger for any in the group who have experience around eating disorders or self punitive behaviours. It might be worth explaining that God does not ask us to do anything to show guilt or shame, post-Jesus.

## Together

### **Gathering prayer**

**Jesus, our friend**

**Be with us today**

**As we share together,**



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## In-person or online game

True confessions





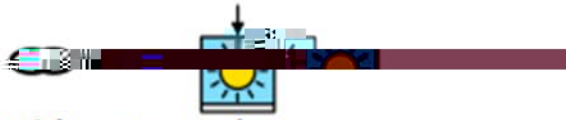
# Express



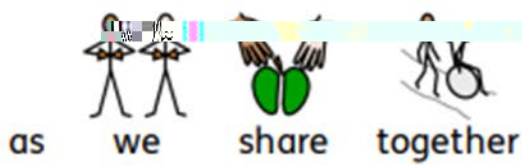




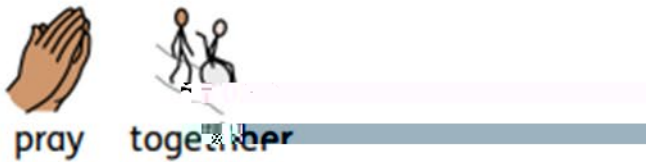
Jesus our friend



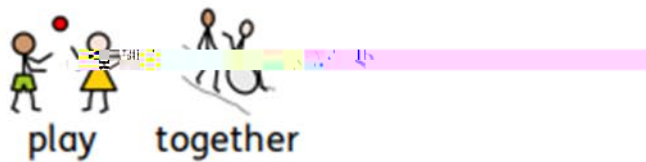
be with us today



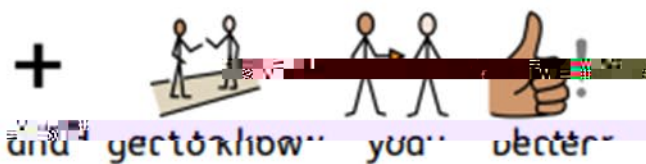
as we share together



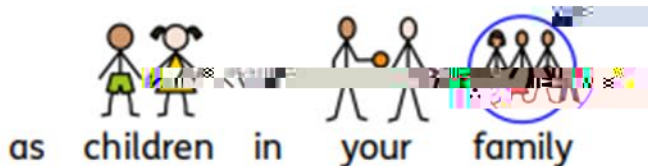
pray together



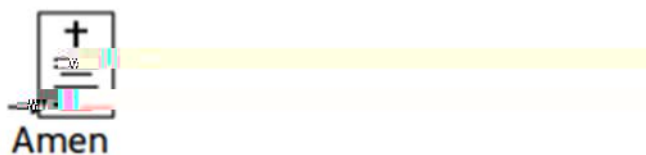
play together



and get to know you better



as children in your family



Amen



