the past forge t ng how precarious it was. Instead, with Jesus, the bread of heaven who

As we eat and drink we remember
both his death and resurrection to new and abundant life.
In a world of hunger let us share your bread for the world.
In a world thirsting for authentic living let us share your wine.
May we who eat be bread for others.
May we who drink pour out your love.

So, let us eat and drink as Jesus taught,
inviting the poor and excluded to this table.
May their absence here provoke a longing for truth and justice in us,
may their presence here truly transform us into the
body and blood of Christ which we now share.
The gifts of God for the people of God.

You have fed us, Lord Jesus, with the bread of heaven
and quenched our thirst with your own self.
Guide us with your love through the beauty and barrenness,
the fire and cloud, and the tide and times of life,
that through the weakness of the Cross, we may find your strength,
that we may ever sing you our praises. Amen.

May the One who leads us through cloud and fire,
the One who feeds us with His very self,
and the One who fulfils our longings,
lead you, feed you and fulfil you,
that you may lead, feed and fulfil others.
And the blessing of Almighty God,
Father, Son, and Holy Spirit,
be with you all now and always, Amen.

	RS	CH4	StF	MP
Praise My Soul the King of Heaven	104	160	83	560
Sing of the Lord's Goodness		157	65	
Jesus the Lord Said 'I am the Bread'	199		252	384
Bread of life, hope of the world		663	577	

Looking further afeld you may fnd *!ff ² K2 I dzy∃ŜN DI·ŭKŜN DfI·Řfè* by Sylvia Dunstan and set to the American tune Holy Manna worth learning. Bernade te Farrell's Bread for the World is also worth learning.

Why not start worship with a recording of Dolly Parton's 9-5?

tNJl·ëŜNJ 2Ŧ LyűŜNJŎŜăăλ2y adapted from *tNJl·ëŜNJ ōŜŦ2NJŜ l· CλØŜ t2dzyŘ b2űŜ* by Michel Quost. Prayers of Life, Sheed and Ward, 1963. All other material by Andy Braunston.

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